



No act of kindness,
no matter how small
ever goes unnoticed.

February
2021

IN A WORLD WHERE YOU CAN BE ANYTHING: BE KIND!!!!

PLEASE CONTACT US WITH ANY QUESTIONS,
COMMENTS, OR CONCERNS

Students K-5:

Being kind will make you and your friends feel good and happy!

<https://www.youtube.com/watch?v=enaRNnEzwi4>

<https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:b2700d66-15a3-4f28-997c-db6934183568>

<https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:2e5e2074-b912-44ae-8aa9-689af82c6fe4>

<https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:b4f77e94-9937-41c6-ac04-6254587347f2>

Students 6-8:

Being kind does not cost a thing and it will make you and others around you feel happier. Watch the video below and use the handouts to guide you.

<https://www.randomactsofkindness.org/kindness-videos/18-the-science-of-kindness>

<https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:1907dbb9-97e1-4051-b691-3ac3af80c3ba>

<https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:48d651f4-8abe-4c5e-bdd2-dce8955df334>

Students 9-12:

Being kind to yourself and others will help your well-being. Challenge yourself to do something kind every day with the tools below.

<https://www.youtube.com/watch?v=mTsvSAItPqA>

<https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:1907dbb9-97e1-4051-b691-3ac3af80c3ba>

<https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:581da568-ccee-4a5d-b129-b9f661d90e07>

Families and Staff:

Being kind to yourself and others will help show your child how to be kind. Practice being kind and see all the benefits!

https://www.youtube.com/watch?v=8afO6jkod_4

<https://documentcloud.adobe.com/link/track?uri=urn:aaid:scds:US:b4f77e94-9937-41c6-ac04-6254587347f2>

K-2: Jessica Stanton

Jstanton1@deposit.stier.org

607-467-4495

3-5: Julia Wheeler

Jwheeler@deposit.stier.org

607-467-4120

6-8: Melinda Webster

Mwebster@deposit.stier.org

607-467-8513

9-12: Tina DuMond

TDuMond@deposit.stier.org

607-467-8516